Soluble A and Water Soluble C) all of which are re-garded as absolutely

and proper physical development. By a special process of concentration a proper dose of all of the three known vi-

How Yeast Vitamon

Tablets Give You

That Firm Flesh "Pep"

Strengthen the Nerves and Invigorate the Body-Easy and Economical to Take-Results Quick.

To at once put some firm, healthy, "stay-there" flesh on your bones, increase energy and nerve force and clear your skin and complexion, simply try taking two of Mastin's Yeast VITAMON Tablets with each meal and watch results.

Mastin's VITAMON Tablets contain highly concentrated yeast-vitamines as well as the two other important vitamines (Fat Saluble A and

Never say "Aspirin" without saying "Bayer."

WARNING! Unless you see name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 21 years and proved safe by milions for

Toothache

Headache Neuralgia Lumbago

Rheumatism Neuritis Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy tin boxes of 12 tablets—Bottles of 24 and 100—All druggists.

### BABEL

How like we humans are to little ants, That build their structures on the wayside trail; Careless that passing traffic's sure advance Will make their strongest work of none avail;

That some dread foot, across their boundaries placed, Will, in a moment, lay their dwelling waste.

So do we humans rear our paltry schemes, Our fads and passions, close beside the way; So do we all translate our fevered dreams Into vain action, 'gainst that certain day When, on the quiet smugness of our path, Sets the great foot of Nemesis in wrath.

So do we build, and, building, leave unwrought Just that one thing that would cement the whole;

So do we aim at Life's solution, fraught With crude ambitions; aiming, miss the goal; For, in the fairest plans we humans trace, Truth, the Great Architect, hath had no place!

—ROBERT DORMAN.

#### HUMOR OF THE DAY

and patent leather shoes."

a lucky thing for the taxpayers of this country that there isn't."

"The changes are all the European nations would get together and ask the United States to support it, and Congress probably would pass a million

# Only Powerful Medicine Will End

agonizing pains from rheumatism for "Wh 20 years or distressing twitchings for town?" drive rheumatic poisons from your wastin money."

body and abolish all misery or money "How is he wasting it?"

Lee & Osgood Co. and all druggists for sell Rheuma on a no-cure-no-pay Star. basis. A large bottle is inexpensive, and after you take the small dose as directed once a day for two days you should know that at last you have obtained a remedy that will conquer

dollar appropriation for bird seed. Brooklyn Eagle.

you amazed?"
"I am indeed. How true the old say-

leathers is about all some of the tusticutors leave behind to apply on their beard bills."—Washington Stat.

"Henry," said Mrs. Twobble, "and is there really such a bird as the dove of peace."

"No," said Mr. Twobble, "and it's leave thing for the inverses of the synapses of the synaps

"Do you believe in what the ouija

"Not fully," replied Senator Sorg-hum. "But its conclusions are often as reliable as those reached by pro-longed debates and its processes are not nearly so vociferous."—Washington

gines."-Science and Invention. per ready? This is the lunit! I'm go-

ing to a restaurant." Wife—"Wait just five minutes."

Husband—"Will it be ready then?"

Wife—"No, but then I'll go with you.

Wife—"No, but then I'll go with you.

Wife—"No, but then I'll go with you.

"What is your boy Josh doing in 20 weeks, Rheuma is strong enough "Far as I know," replied Farmer and mighty and powerful enough to Corntassel, "he's doing nothin except

> "Buying 2-cent stamps to write home extra allowanca."-Washington

## KALEIDOSCOPE



#### THE REASON WHICH IS IN MANURE

An "element" is a substance which, by

(Written Specially For The Bulletin.)

"There's reason in all things."

That is a phrase which is rather common, especially on the lips of us old farmers. And some of us more's the pity, use it in an extremely unreasonable way. This is more than usually regrettable for the saying is a true one. With the change of a single preposition it is really the basis for all knowledge and the moving spring in all search for Out of various combinations of these

and the moving spring in all search for knowledge.

"There's a reason for all things."
Put it that way. Nobody will deny it. Nobody will even question it. Every-large to cobblessiones, from onblages to kings.

Such things as corn and clover and occurred to the search of the search Put it that way. Nobody will deny Nobody will even question it. Every-dy will agree with it. Even Neighbor Waterhouse, who is about the stiffest-bucked old Boursen I ever met in his dislike of all "nev-fangled notions," accepts it as a matter of course.

Neighber Waterhouse wants nothing tions. So far as known, about a dozen do with any "book ideas" about fer- or fifteen are chiefly responsible for the to do with any "book ideas" about fer- or fifteen are chiefly responsible for the tiligation. He believes in farm manure, making of plants. They include nitrogen making of plants. They include nitrogen, puts it on thick, plows it under deep, and gets pretty good crops on the few acres he is able to cover with enough manure. The only trouble he finds is that he can't get enough on his own farm nor buy enough from outs, de. But he gets red in the face and almost abusive in the mouth if you try to suggest any-thing in the way of substitutes to him.

He was greaning to himself over the "misery" in his old back, one afternoon, ments available to it. If it finds all it

fuses to grow at all.

tion to say to him:

"What do you do it for?"

"What do you do it for?" he snorted.

"Why, to make my corn grow, of course.
D'ja think I wuz doin' it for fun?"

"Ye-es." I said. "Seems to me I've heard you state, several times, that there's reason in all things, haven't I?"

"Probably you hev," he answered. "I've said it a good many times in the last seventy-two years."

"Then," I went on, "what's the reason in your manure that makes the corn in your manure that makes the corn in the state of the state of the fifty others which are not specially useful to plants. And every crop of grains or vegetables draws on this stock. When you dis and save his nitrogen-potash money, shouldn't he do it?

For one, I don't see any reason why not. All that seems necessary is to shew draws on this stock. When you dis and save him that it can be done and teach him that it can be done and teach him sell a hundred bushels of potatoes, you sell, in them, a certain number of pounds of nitrogen and phosyborus and potash in the date or less of the fifty others which are not specially useful to plants.

And every crop of grains or vegetables draws on this stock. When you dis and the sell a hundred bushels of potatoes, you sell, in them, a certain number of pounds of nitrogen and phosyborus and potash enough to last for a thouse-need to and save potash—enough to last for a thouse-need to state or less of the fifty others which are not specially useful to plants.

There's reason in all things, haven't in proportions in average soils, along with more or less of the fifty others which are not specially useful to plants.

And every crop of grains or vegetables the proportions in average soils, along with more or less of the fifty others which are not specially useful to plants.

There's reason in all things, haven't in proportions in average soils, along with more or less of the fifty others which are not specially useful to plants.

There is and ave the in the data of the fifty others which are not specially useful to plants.

There's reaso

which they've taken out of your soil to make that hundred bushels of potatoes. Mrs. McGinty once testified in a case concerning a disagreement with her back-yard neighbor.

"It there any reason why the farm"When you notice the number of what on earth I'm driving at, this time.

ers should not appear in dress coats people who have automobiles, aren't You may have your own ideas, and you and patent leather shoes."

"I sposs not," replied Farmer Corntassel. "Maybe it's what he'll be brought to. Dress coats and patent leathers ir about all some of the tustomard bulls."—Washington Stat.

"Henry," said Mrs. Twobbie, "and is "You may have your own ideas, and you may hold 'em pretty close to your vest but you are, at heart, shoerely anxious to know the reason. Probably, also, nineteen-twentieths of you do know the reason. But, in my rather long association with working farmers, I have found too many who don't know; who don't much care; and who think the attempt "I think so, One of our young lady."

"I think so, One of our young lady." much care; and who think the attempt to find out savors too much of "theory" for practical farmers to engage in. Will you who are not, necessarily, of this class, bear with me while I try, once more, to discuss, very simply and practically, the reason which is in manure? I think you'll see, before we get through, what

Native fishermen of the Aleutian islands deciare that ree-mily they have seen specimens of the Arctic sea cow.

Karl Hagennick, who was called the "Moltke of menageria owners. was the first person to train large cornivorous animals of different specles to perform to gether.

The star of the feminine athletes of France is Mile. Brevard, of the Fenima Sports, Paris. She is only eighteen years of age, but fiready holds all the long distance records of France.

For the low class seed pearls there is a constant demand among orienta physicians and apothecaries, who grind Princeton, Mass, near Mt. Wachusett, it to patients as a cure for many ills, on its surface with a triba treaty made.

Korean women are taking up hust.

For over ten years throughout America Rheuma has been prescribed by croad-minded physicians and has released thousands from agony, pain and desmalt.

It derives its name from a treaty made on its surface with a tribe of Indians mess lines and have incorporated a company with \$200,000 capital to indicate the indians. The treaty was veniences now obtainable in that countries in the countries of the Indians.

Heidelberg is said to be the only one in the world in which both Protes-tant and Roman Catholic services are held at the same time. A thin particongregations.

Miss Mary Sampson has taught school in Boone county forty-eight years, and had the unique experience last year at Rocheport of teaching the grandcheld of a man and woman she had taught when they were chil-dren-Missouri State Journal.

A useful invention is the line-carrying oy. Its inventor sought to devise so means of getting a line from ship to shore, and the line-carrying buoy was the result. When released from the ship, if the wind is in the right direction, it blows steadily toward the shore, the line unwinding behind it as it goes, until finally the buoy is dragged out of the surf with the line intact. In addition to its use in this manner, it is available for all the regular purposes of the ordinar

During one of the British expeditions to the antarctic regions, more than 50 observation were made of the aurora australis, the southern counterpart of our northern light. The appearance of the light resembled that presented in the arctic region. But the maximum frequency did not occur during the months of the long polar night, and the phenomenon was most intense at the time of the equinoxes. when the sun is perpendicular over the equator, and daylight is simultaneous at both the north and the south pole.

Years ago wind power was commercially popular. It simply had to be, since there were few other sources of power. Today we get most of our power from coal and a great amount from water. Palestine is not favored with either coal or water power, and Dr. L. M. Mayersohn is now studying the problem of wind power to determine whether it would be possible to run the industries of Palestine with wind motors. He has collected interesting data on wind mo-tors in Europe. Examination of 477 in-stallations was made. Eighty-seven per cent of these worked satisfactorily for periods up to 1,500 years. Wind-power ustaliations are new made in Denmark for the generation of electric power in

manure-pit full of it.

But there isn't any numired seed in this sadiy imperfect world. Even the best farm manure isn't a complete substitute for the original fertility of the virgin soil. It's got rather too much of one thing and not quite enough of some others. It's apt to be over-rich in altrogen and a little shy in phosphorus That's why farmers found years ago, that even liberally manured land either got sour or run out. They probably didn't know a great deal about nitrogen and phosphorus and potash. But, by dint of much testing and trying out, they discovered that the occasional use of phosphates, in connection with manure, seemed to bring better results. Then began the run to phosphates. Why, in my part of the country, even today, half the older farmers call all commercial fertilizers "phosphates," in remersbrance of those days.

Later, they discovered that, in many

Later, they discovered that, in many cases, the addition of petash also was an advantage. When farm manures ran short, they could see good effects from the use of nitrate of soda, which is an impure form of nitrogen. About all the scientific people have done, so far, is to find and explain the reason for results, such as these which the working farmer had already discovered.

Well, there are some seventy of these elements that chemists know and handle. Out of various combinations of these everything we know is made, from elements to angle-worms, from automobiles to cobblestones, from cabbages to kings. Such things as corn and clover and octatoes and wheat and grass and trees and weeds are, of course, included.

Every crop the farmer raises is composed of some of these elements, in widely varying combinations and proportions. So far as known, about a dozen or fifteen are chiefly responsible for the making of plant, and already discovered.

Now, nine farmers out of ten know that they've put back into their soil at least four of the necessary elements of plant-food, viz: Nitrogen, phusphorus, potash and lime. And put them back in a form which the plants will accept and use. Otherwise, it's Good-bye farmer. Good-bye farm! The rest of the dezen or fifteen plant-food elements are used more sparingly and are, ordinarily, plantiful enough to need no immediate renewing.

Bight there is where Mr. Farmer comes up against it with a bump. He hasn't

Right there is where Mr. Farmer comes up against it with a bump. He hasn't manure enough to fill 'he order. He can't buy enough of the attrogen and the phosphorus and the potash and the lime to make up the deficit in his dirt, for the simple reason that they cost more to buy than the crops they will raise sell for. Especially the nitrogen and the petash. It is exactly at this point that the nd offers its help.

Of the four elements most needed, ni-

He was greaning to himself over the "misery" in his old back, one afternoon, after a half day spent in yanking up rotten corn-staffs out of his big manure pile. He was lame, he was dirty, he was sore, he was tired and he was in a bad temper. But I couldn't resist the temptation to say to him:

"What do you do it for?"

either luxuriantly or feebly, according to the four elements most needed, nitrogen and potash are the dearest. If the finds all it is needs, in the proportions it ealls for, and within easy reach, the plant, whether or corn or pussley, grows healthfully. If it is stinted in any one of the elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed, nitrogen and potash are the dearest. If the four elements most needed in the fo

#### BOLTON

Mrs. McGinty once testified in a case concerning a disagreement with her back-yard, neighbor.

Yet I don't see why he should have gone up into the air over so simple a question. I take it for granted that you who read this and wonder what on earth I'm driving at, this time.

One deesn't need to be a sciontific gent to see that this thing can't be kept up forever. As, year after year, the cropmaking food in the soil is used by your grains and grasses and vegetables, the total amount is, of course, diminished.

There is never quite as much, every what on earth I'm driving at, this time. ents, Mr. and Mrs. Louis H. Leeve Sat-urday at 12 o'clock. Rev. Frank K. Ab-bott, pastor of the local church, per-formed the ceremony, the Episcopal ser-vice being used. Miss Baker were gray fall, as there was in the apring. The less there is for the brops to grow with, the less they'll grow. You know that from experience. You don't need any chemist to tell you what you can see with your own eyes. It makes no difference to the property of the property and the print it. from experience. You don't need any chemist to tell you what you can see with your own eyes. It makes no difference to you how he puts it; you simply say: "The soil's worn out." Wherein you're dead right.

Worn out soil is worth no mere than a worn out tea kettle. So, to prevent it's weating out, to keep it supphed with the food the crops want, to make it continue to produce, you put on manure. You've found, by experience, that a liberal application of farm manure will help amazingly. Crops which aren't worth harvesting on unmanured land, turn out much better on manured fields.

Why? Well, you say yourself: "There's a reason why the makey your crops."

Vice being used. Miss Baker were stay beaded chiffon and carried a bouquet of old fashioned flowers tied with chiffon and lace. There were no attendants. Following the ceremony, beenkfast was served. During the ceremony a woman harpist provided music. Guests present were the bride's parents, Mr. and Mrs. You've found, by experience, that a liberal application of farm manure will help amazingly. Crops which aren't worth harvesting on unmanured land, turn out much better on manured fields.

Why? Well, you say yourself: "There's a reason for all things." There's a reason why the makey your crops. Teacher—"What are we studying tolay?"

Student—"Infernal combustion spines."—Science and Invention.

Hoar, of Concord. The rock has a large flat surface, on which about twentyinges."—Science and Invention.

Husband (angrily)—"What! no supner ready? This is the lumit. Im gap.

Native fishermen of the Aleutian of the manure contains—in the manure contains—in the manure contains—in the manure makes your crops son why the manure was simple that is is simply that in the manure properties. Carolina, John McChord, Kentucky, John McChord, Ken a reason for all things." There's a reason why the mature makes your crops better. It is simply that in the manure fact, is largely made up of—those very Mr. and Mrs. Tinker lem by sustemedia marriage by Rev. Frank K. Abbott dozen or fifteen elements which the crops must have if they are going to grow. Your manuring stunt is nothing but a return to the soil of some portions.

Levey were at home informally to all, an liage. They were attended by Miss Helen grow. Your manuring stunt is nothing but a return to the soil of some portions of the element plant-food which previous

try and Europe. Mr. Tinker is conducting a successful business in South Man-

If You Want That Firm Flesh "Pep" and Stamins is contained in an active state in Mastin's VITA-MON Tablets.

Mastin's VITA-MON Tablets by mixing with your food helps it to digest and provide the health-giving. Strength-building nounshment that your brain. They will not upset the stomach or esues that bloated feeling, but, on the contrary, are a great aid in overcoming indigeration or chronic eenstpation.

If you are thin, sunken cheeked, hollow chested, rundown and underweight you will find this simple test well worth trying: First weigh yourself and measure yourself. Next take Mastin's VITAMON—two tablets with each meal. Then weigh and measure yourself again each week and continue taking Martin's VITAMON regularly until you are satisfied with your gain in weight and energy. Mastin's VITAMON Tablets are easy and economical to take—they are in no way distanteful—they will not upset the stomach and they also keep indefinitely. So remarkable are the benefits from these highly concentrated tablets that entire satisfaction is absolutely guaranteed or the small amount you pay for the trial will be promptly refunded. Be sure to remember the name—Mastin's VITAMON—the original and genuine yeast-vitamine tablet. There is nothing else like it, so do not accept imitations or substitutes. You can get Mastin's VITAMON Tablets at all good druggists.

Charles E. Carpenter has returned to South Manchester for the winter.

THE DEIGHAL TO BUETS

MASTINS

VITAMON

Mrs. Ella Massey of Windsor Locks is guest at Charles N. Loomis' Mrs. Henry Fryer of Rockville is vis-iting her mother, Mrs. E. Jane Finley. Mr. and Mrs. Roy T. Carpenter of Westfield, Mass., spent Sunday with Mr. and Mrs. Frank L. Loomis.

Last Friday evening was brothers night in Bolton grange; the brothers filled the chairs. The program provided was as follows: Solo and encore by Erwas as follows: Solo and encore by Ernest Strong; paper, Electricity on the Farm, Henry Mansey; son, by four Lee brothers, Charles, Myron, Albert and Russell Lee; solo, Myron Lee; recitation and encore, Frederick D. Finley; recitation, James Wesson Phelps; paper, by Maxwell Hutchinson, What Part of Bolton is Under Cultivation. The brothers regred coffee and douethouts.

served coffee and doughnuts.

F. J. Mathein of Johnson City, N. Y.,
ls visiting a: his home in town.

Miss Anna Hebepstreit of East Hartford was a recent Bolton visitor.

Local pupils attending South Manchester high school are Misses Alice Ponti-celli, Rosalie Clement and Ruth Jones; also Harold Fish, Everett Fish, George Remer, Gilbert Wittman and Henry Mas-

of the element plant-food which previous crops have stolen from it.

Don't think anybody is going to make full of you or criticize you for using manure. Take it all around, it's a mighty good crop-producer. Every farmer should save it as a miser saves pennies, and should use it as generously as a specialtrift scatters dollars. Blessed is

people. Mr. and Mrs. Muller are to live in Farmington.

#### WILSONVILLE

Are Positively Guaranteed to Put On Firm Flesh,

Clear the Skin and Increase

Energy When Taken With

Every Meal or Money Back

The funeral of Lawrence Kenyon, who died Friday night was, held Monday morning at St. Louis church, Webster. Burial was in Calvary cemetery, Webster. The bearers were relatives. leaves his widow, two sons and grandchildren.

Mrs. Ida Childs spent Wednesday in Fabyan, with Mrs. Herman Barnes. Emily Hawkins, of Webster, was at Mrs. Childa' Monday.

Mrs. James Welch has returned from Worcester, where she has been for treat-

with her mother for a few days the past

Winsted .- Ways and means of securing reduction in fire insurance mates will discussed at the Winstell Chamber of Commerce dinner in the Hotel Winches ter tonight (Thersday).

#### Catarrhal Deafness May Be Overcome

If you have catarrhal deafness If you have catarrhal deafness or are even just a little hard of hearing or have head noises, go to your druggist and get 1 ounce of Parmint (double strength) and add to it is pint of hot water and a little gramulated sugar. Take one tablespoonful four times a day.

This will, often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take Asyone losing hearing or who has catarrhal deafness or head noises should give this prescription a trial.

## "Without the treacherous help of cathartics"

A simple food which gradually replaces laxatives

TE who can control chronic constipation without the treacherous help of cathartics makes a 'booster' of his patient."

This quotation from a doctor's essay on constipation carries a message of great significance to thousands of men and women.

It is now recognized that cathartics never remove the causes of constipction. Indeed, one physician states that the indiscriminate use of cathartics is probably one of the most frequent causes of constipation.

For many years there has been pressing need for some simple food that would help restore normal conditions. And now scientists have discovered it in the familiar little cake of Fleischmann's Yeast.

First came the startling discovery that Fleischmann's Yeast in itself is a wonderful food, rich in the mysterious water-soluble vitamine. Then it was found that Fleischmann's Yeast builds up the body tissues, keeps the body resistant to disease.

In addition, because of its freshness (you get it fresh daily) Fleischmann's Yeast helps the intestines in their elimination of waste matter. Fleischmann's Yeast was tested for this purpose in leading medical institutions. Chronic cases of constipation, some even of years' duration, responded.

Fleischmann's Yeast is by its very nature better suited to the stomach and intestines than the ordinary laxatives, and being a food it cannot form a habit. 7

Eat 2 to 3 cakes of Fleischmann's Yeast a day. Have it on the table at home and on your desk at the office. Eat it plain, spread on bread, or dissolved in milk or fruit juices. You will like its fresh, distinctive flavor and the clean whelesome taste it leaves in your month. It is assimilated just like any other food. Only one seccution: if troubled with ges, dissolve yeast first in boiling water. This does not affect the efficacy of the yeast. Place a standing order with your grocer for Fleischmann's Yeast and get it fresh daily.

Send 4 cents in stamps for the interesting booklet, "The New Importance of Yeast in Diet." Address THE FLEISCH-MANN COMPANY, 701 Washington St., New York, N. Y. Est 2 to 3 cakes of Fleischmann's Yeast a day. Have it

### The need for scientifically tested yeast

Fresh yeast has been proved by recent scientific tests to be a valuable food for carrecting run-down condition, constipation, indigestion and certain skin disorders. These original tests were all made with Pleischmann's Yeast. Boware of untested peast-vitamine preparations that contain drugs or other mix-tures. Plaischmann's Yeast (fresh) is a pure food, rich in vita-mine, in which it measures up to the high standards set by inhoratories and hespitals. The familiar tin-foil package with the yellow label is the only form in which Pleischmann's Yeast



## This is the start of a better day

There's satisfying comfort and cheer in a breakfast cup of Postum, and there's no disturbing element to irritate nerves or digestion and leave mental energy lagging before the day is

Thousands of former coffee users have found that: Postum meets every demand for a delicious table beverage, and brings steadier nerves, clearer mind-better health.

As many cups as you like with any mealno after-regrets.

Postum comes in two forms: Instant Postum (in tine) made instantly insthe cup-by-the addition of boiling water.
Postum Cereal (in packages of larger bulk, for those who
prefer to make the drink while the meal is being prepared)
made by boiling for 20 minutes.

"There's a Reason" for Postum Sold-by all grocers